

Energy Saving Checklist

Heating

- Set your thermostat to 68° F when at home, 65°F when away and at night.
- Add heavy window treatments to windows, open on sunny days and close at night.
- Service heating system annually.
- Add a “smart thermostat” with WIFI capability and set to recommended temperatures.
- Operate ceiling fan in reverse mode on low speed when rooms are occupied and with ceiling heights over 10 feet.

Cooling

- Set your thermostat to 78° F when at home and at night, 85°F when away.
- Close window treatment during the day on windows that receive direct sunlight.
- Service cooling system annually.
- Add a “smart thermostat” with WIFI capability and set to recommended temperatures.
- Operate a ceiling fan anytime a room is occupied, turn it off when you leave.

Insulation, Air Ducts and Air Leaks

- Check ceiling insulation thickness and add additional insulation if less than 6 inches thick.
- Insulate crawlspace floors.
- Insulate and weather-strip attic access covers and pull down ladders.
- Change the return air filter monthly.
- Have your heating and cooling contractor inspect and pressure test your air duct and repair any leaks or damaged insulation.
- Unblock and fully open supply air vents.

- As much as possible keep interior doors open to provide good air circulation.
- Maintain open space around return air filter openings.
- Seal cracks and gaps around plumbing, wiring, windows and doors with caulking and weather-stripping.

Hot Water

- Insulate hot water tank and exposed water lines.
- Set both water heater thermostats to 120°F.
- Check for water leaks and repair immediately.
- Install low flow shower heads with a flow rate of 2 gallons per minute or less. (look for the EPA WaterSense label).
- Wash clothes in cold water.
- Take a 10 minute (or less) shower instead of a bath.
- Install an On/Off faucet aerators on your faucets to reduce wasted hot water.

Appliance replacement

- Look for the EPA EnergyStar label when purchasing new Refrigerators, Freezers, Air Conditioners, Heat Pumps, Clothes Washers, Clothes Dryers, Dishwashers.
- Replace electric storage Water Heaters with a Heat Pump Water Heater.

Computers and other Electronics

- Set computers to sleep mode when not in use.
- Use smart power strips to eliminate plug in appliance standby power use.

Lights

- Only use LED light bulbs.
- Turn off the lights when you leave a room.