



Teachers Awarded for "Bright Ideas"

Ten teachers throughout Colquitt EMC's service area were recently presented with Bright Ideas Grants. They each received the award for creating innovative lesson plans.

The winners included: **Donald Morgan**, Brooks County High; **Lisa Fletcher**, Brooks County Middle; **Bonnie Kirkley, R.B.** Wright Elementary; **Sue Van Nortwick** and **Margaret Finney**, Lowndes County Middle; **Becky Martin**, Lowndes County High; **Danielle Gibbs**, Southeast Elementary; **Geni Cook** and **Becky Scott**, Annie Belle Clark Primary; and **Vann Thornton**, Tift County High.

Earlier this year, teachers submitted applications detailing creative ideas to enhance their students' learning experience. The winning projects ranged from having students use flip video cameras to complete assignments to forming a band for at-risk students.

Colquitt EMC began sponsoring the Bright Ideas Grants to support teachers with funding to put their creative ideas into action. Funding for the grants comes from the cooperative's unclaimed capital credit fund.



**BRIGHT
IDEAS**

October is Energy Awareness Month

Make a fall 'energy checklist'

Now is the best time to make sure your house is ready for winter *before* the cold weather arrives. Here are a few things you can do to prepare:

- Call a licensed, qualified technician to service your heating system.
- Change the filters in your heating system to ensure air can pass through and your heater will work efficiently during the winter.
- Caulk and weather strip around windows and doors to keep heated air from leaking out through cracks or gaps.
- Clean and inspect your wood-burning fireplace before you light the first fire of the season.
- Test smoke detectors and carbon monoxide alarms before you use your gas or wood fireplace. Change their batteries.
- Replace the batteries in your digital or programmable thermostat before heating season begins.
- If you do not have a programmable thermostat, consider having one installed at the time of your heating system inspection. It can help you save energy and money on your heating bill by automatically turning the heat down every day when you leave for work or go to bed.



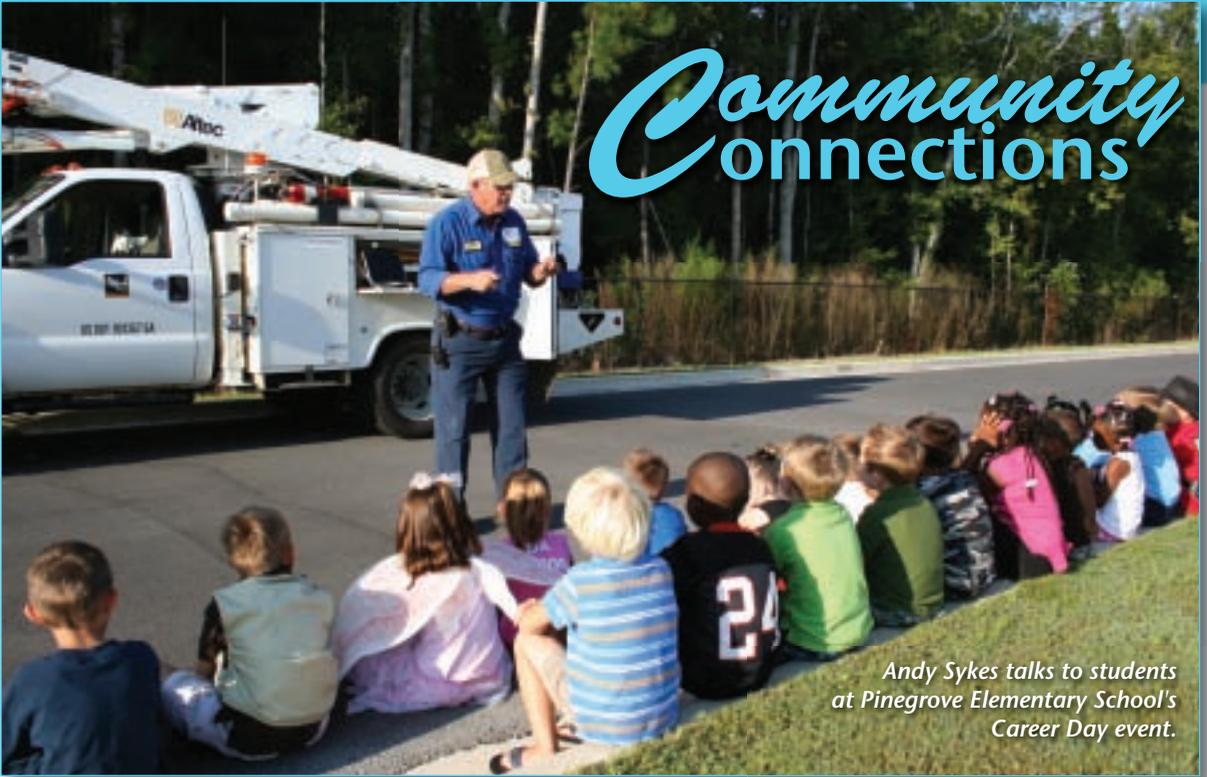
Save Water. Save Energy.

The less water you use, the less energy required to get that water to your home. Here are five ways you can save water in your home:

- **Replace old toilets.** If your toilet is from 1992 or earlier, it probably uses 3.5 gallons of water for every flush. Newer models use as little as one gallon.
- **Fix leaky faucets and toilets.** One drip per second can waste more than 3,000 gallons of water each year.
- **Buy a high-efficiency washing machine.** The average washing machine uses about 41 gallons of water per load, while high-efficiency models need less than 28 gallons. To save even more, run the washer only when it's full.
- **Take a shower instead of a bath.** It takes an average of 70 gallons of water to fill a bathtub, but only 10 to 25 gallons during a five-minute shower.
- **Turn off the faucet while you brush your teeth.** Two gallons of water flow out of a faucet every minute it's turned on.



Community Connections

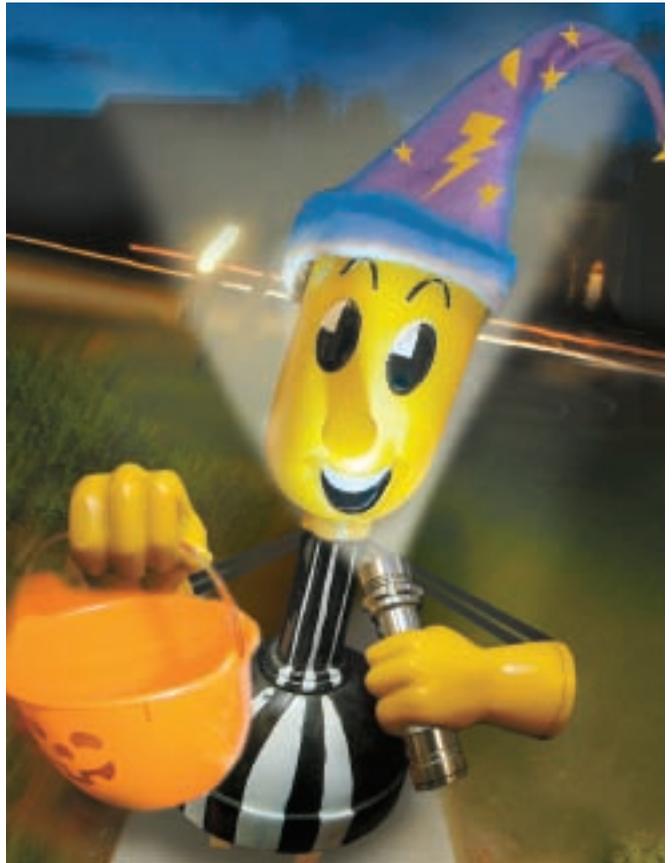


Andy Sykes talks to students at Pinegrove Elementary School's Career Day event.

Don't Let Electrical Hazards Haunt Halloween!

Here are some safety reminders:

- As you decorate, make sure you check for cracked sockets, frayed, loose or bare wires, and loose connections.
- Fasten all outdoor lights securely to trees and other firm supports. Do not use nails or tacks that could puncture insulating cords and damage wires.
- Make sure decorative lighting is well-ventilated, protected from weather, and remains a safe distance from anything flammable like dry leaves and shrubs.
- Make sure all outdoor electrical lights and decorations are plugged into an outlet protected with a ground fault circuit interrupter (GFCI). Don't overload outlets with too many extension cords and strands of lights.
- Keep power cords off walkways and porches that trick-or-treaters may use.
- Leave the porch light on for trick-or-treaters, and be sure to turn out all spooky lights and decorations before leaving home or going to bed. This will also save energy.



Local. Dependable. Serving **YOU.**



**Our offices will be closed on
Thursday, November 24th
and
Friday, November 25th.**

*We wish you a safe and happy
Thanksgiving holiday.*



Colquitt EMC'S 75th Annual Meeting



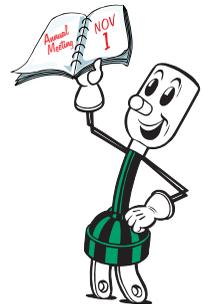
The Georgia Boys

Join us at Spence Field in Moultrie on
Tuesday, November 1, 2011
for the 75th Annual Meeting of Members.

**BUSINESS UPDATES • GREAT FOOD • GAMES
PRIZES • FELLOWSHIP • ENTERTAINMENT**

Don't miss it!

Fill out and return the lunch registration form below. Due to the size and growth of our Annual Meeting, we are asking members to register only for themselves—not other members. There is a limit of 4 meals per membership.



LUNCH RESERVATION FORM FOR COLQUITT EMC'S 75th ANNUAL MEETING TUESDAY, NOVEMBER 1, 2011



Although your meal is tasty enough for leftovers, we ask that you enjoy your lunch on the premises.

Lunch from 11:00 A.M. - 1:00 P.M.
Registration - 11:00 A.M.
Business Meeting: 1:30 P.M.
Expo Site, Spence Field in Moultrie

**Limit
4
meals
per member**

Name _____

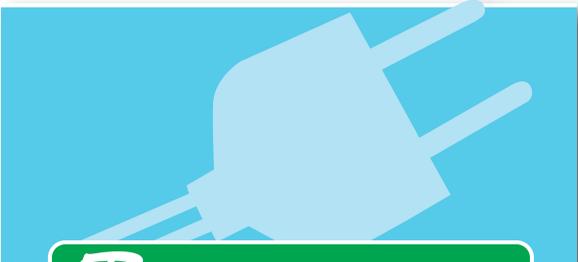
Address _____

Account # _____

Member's Signature _____

Including myself, you may plan on _____ person(s) for lunch.

Deadline for reservations is October 18, 2011



Recipes of the Month

Squash Dressing

2 cups cooked squash
2 cups cornbread, crumbled
2 eggs
1 onion, diced
2 tablespoons melted butter
1 (8 ounce) can cream of chicken soup
(can use cream of mushroom)
sage (optional)



Mix all together. Put in 2 quart casserole dish.
Bake for 30 minutes at 350°F. Enjoy!

Yield: 4 Servings

Per Serving: 158.7 Calories, 11.6g Fat,
449.2mg Sodium, 125.5mg Cholesterol,
8.9g Carbohydrate.

The following items or measurements are
not included in the information above:

- *cornbread*

Crock Pot Roast



1 (4-5 lb) beef roast, any kind
1 (1 1/4 ounce) package brown gravy mix, dry
1 (1 1/4 ounce) package dried Italian salad
dressing mix
1 (1 1/4 ounce) package ranch dressing mix, dry
1/2 cup water

Place beef roast in crock pot. Mix the dried
mixes together in a bowl and sprinkle over
the roast. Pour water around the roast. Cook
on low for 7-9 hours.

Yield: 8 Servings

Per Serving: 295.2 Calories, 9.7g Fat,
380.5mg Sodium, 149.8mg Cholesterol, 2.6g
Carbohydrate.

The following items or measurements are
not included in the information above:

- *dried Italian salad dressing mix*
- *ranch dressing mix*

**Share your favorite
recipes with us!**

PLEASE SEND TO:

**Colquitt EMC
Attn: Jessica Spangler
P.O. Box 3608
Moultrie, GA 31776**

or JessicaSpangler@colquittemc.com