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2018 Sunbelt Ag Expo Field Day set for July 24

The 2018 Sunbelt Ag Expo Field Day is July 24 and farmers are invited to come and get practical information from the region's top agricultural scientists about the newest technologies farmers can use to improve their operations.

The half-day event will take place at the 600-acre Darrell Williams Research Farm, located at the Expo show site at Spence Field in Moultrie, Ga. Registration is free for anyone who works in agriculture, and the day starts at 7:15 a.m. with breakfast, followed by quick welcomes from the Georgia Department of Agriculture and Georgia Farm Bureau.

Shuttles will be loaded at 8 a.m. to tour the farm; 30 stops are scheduled, with specific time allotted for each stop and crop. Farm Credit will provide water for the tour. Tour shuttles will return to the main building by noon, and Ameris Bank and Nichino America will provide a lunch. Door prizes will be awarded, too.

"We have the unique ability to work with university and corporate researchers on our Darrell Williams Research Farm, where we continue to conduct cotton, peanut, corn, soybean and forage research — all aimed at improving the farmer's bottom line. We look at the latest seed varieties, crop protection methods, soil fertility, irrigation and precision ag technology," says Chip Blalock, Sunbelt Expo executive director.

"We try the latest technologies and make sure they're ready to go to work on the farm when farmers adapt them into their operation. And in respect of farmers needing to get back to their own operations, we have streamlined the morning program to run efficiently and timely. He also encourages field day participants to visit static exhibitors in the RW Griffin building before and after the field tours.

"Our mission is to provide a place where research can be done to benefit all row crop and forage farmers — especially those who might not have the resources or land to just go out and try a new variety or

technology on a hunch," says Cody Mitchell, Sunbelt Ag Expo farm manager for the Sunbelt Ag Expo.

"We strive to have the best-looking farm around for field day visitors," he says. "And we work hard all year to ensure that we make a lifelong impression on the 80,000 to 100,000 guests who come to see us during Sunbelt Ag Expo in October. When they visit here, we want it to be an eye-opening experience that's worth their time."

UGA researchers, Extension Specialists, and ag chemical representatives conduct numerous trials at the Sunbelt farm for all major southern agronomic crops. Visit www.sunbeltexpo.com for a copy of the Field Day Guide and more information.



Summer Energy-Saving Tips

Costs associated with cooling your home can make up a large portion of your summer electric bills. Stay cool and save money with these energy efficiency tips!



NO-COST TIPS

Close blinds and drapes during the day to keep heat out.



Set your thermostat to 78 degrees when you are home. Set it to a higher temperature when you're away.



Turn off lights and ceiling fans when you leave a room.



LOW-COST TIPS

Plant trees and shrubs to shade the exterior of your home.



Replace disposable air filters (or clean permanent filters) once a month to maximize efficiency.



Use solar lighting to brighten up your outdoor space. Solar lights are easy to install, low maintenance and provide free electricity.

Nominating Committee To Meet June 7

The Nominating Committee will meet at 9:00 a.m. on Thursday, June 7, 2018 at the Colquitt EMC headquarters in Moultrie to make nominations for three board positions.*

CEMC members elect directors by mail and the results will be announced at the Annual Meeting. The 2018 Annual Meeting of Members will be held on Tuesday, Oct. 30, 2018 at Spence Field in Moultrie.

*In addition to nominations made by the Nominating Committee, any 50 or more members may make other nominations by petition not less than eighty-five days prior to the Annual Meeting.

The following Directors' terms will expire on Oct. 30, 2018:

District 1 – **Bobby Griner** Colquitt County

District 5 – **Bobby Exum** Lowndes County

District 7 – **Gary Branch** Worth/Tift Counties

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Colquitt EMC offices will be closed Wednesday, July 4th in observance of Independence Day.

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Thunderstorm safety tips

When thunderstorms are rolling your way, stay safe with these helpful tips:

- Listen to local news or NOAA Weather Radio for emergency updates. Watch for signs of a storm, like darkening skies, lightning flashes or increasing wind.
- Postpone outdoor activities if thunderstorms are likely to occur. Many people struck by lightning are not in the area where rain is occurring.
- If a severe thunderstorm warning is issued, take shelter in a substantial building or in a vehicle with the windows closed. Get out of mobile homes that can blow over in high winds.
- If you can hear thunder, you are close enough to be in danger from lightning. If thunder roars, go indoors! The National Weather Service

recommends staying inside for at least 30 minutes after the last thunder clap.

- Avoid electrical equipment and telephones. Use battery-powered TVs and radios instead.
- Shutter windows and close outside doors securely. Keep away from windows.
- Do hot take a bath, shower or use plumbing.
- If you are driving, try to safely exit the roadway and park. Stay in the vehicle and turn on the emergency flashers until the heavy rain ends. Avoid touching metal or other surfaces that conduct electricity in and outside the vehicle.
- If you are outside and cannot reach a safe building, avoid high ground; water; tall, isolated trees; and metal objects such as fences or bleachers. Picnic shelters, dugouts and sheds are NOT safe.

Recipes of the Month



Zucchini Fritters

INGREDIENTS

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5 tablespoons biscuit mix 1/2 cup parmesan cheese 1/4 teaspoon salt 1/8 teaspoon pepper 2 eggs, beaten 2 tablespoons butter 2 cups zucchini, grated

DIRECTIONS

Blend the biscuit mix, parmesan, salt, pepper. Add eggs. Mix zucchini into batter. Grease hot pan or griddle with butter. Pour batter into pan and fry 3 minutes on each side. Serve warm, a delicious way of serving zucchini.





Summer Squash Salad

INGREDIENTS

Serves: 6

Serves: 8

4 small zucchini (about 1 pound) 4 small crookneck yellow squash (about a pound)

2 lemons, juice of or 2 limes, juice of 2 shallots, finely chopped salt & freshly ground black pepper 1/2 cup vegetable oil (I use olive oil) 2 tablespoons chopped fresh dill fresh dill or other herbs, sprigs to garnish (optional)

DIRECTIONS

Trim ends off zucchini and yellow squash, and cut into narrow strips (julienne). Whisk lemon or lime juice with shallots, salt, and pepper. Whisk in oil and herbs. Toss squash with dressing and serve, garnished with herb sprigs if desired.