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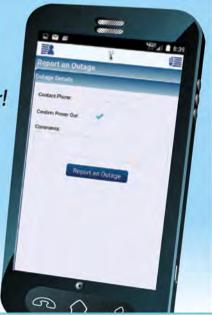
## Go Mobile!

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## Thunderstorm safety tips

hen thunderstorms are rolling your way, stay safe with these helpful tips:

- Listen to local news or NOAA Weather Radio for emergency updates. Watch for signs of a storm, like darkening skies, lightning flashes or increasing wind.
- Postpone outdoor activities if thunderstorms are likely to occur. Many people struck by lightning are not in the area where rain is occurring.
- If a severe thunderstorm warning is issued, take shelter in a substantial building or in a vehicle with the windows closed. Get out of mobile homes that can blow over in high winds.
- If you can hear thunder, you are close enough to be in danger from lightning. If thunder roars, go indoors! The National Weather Service

recommends staying inside for at least 30 minutes after the last thunder clap.

- Avoid electrical equipment and telephones. Use battery-powered TVs and radios instead.
- Shutter windows and close outside doors securely. Keep away from windows.
- Do not take a bath, shower or use plumbing.
- If you are driving, try to safely exit the roadway and park. Stay in the vehicle and turn on the emergency flashers until the heavy rain ends. Avoid touching metal or other surfaces that conduct electricity in and outside the vehicle.
- If you are outside and cannot reach a safe building, avoid high ground; water; tall, isolated trees; and metal objects such as fences or bleachers. Picnic shelters, dugouts and sheds are NOT safe.

Source: American Red Cross



### Sunbelt Ag Expo Field Day To Be Held July 13, 2017

This year's Sunbelt Field Day in Moultrie, Georgia is set for Thursday, July 13, at the Darrell Williams Research Farm, located at the Sunbelt Agricultural Expo site at Spence Field in Moultrie. The event is free and registration will begin at 7:15 a.m. Trams depart for the field tours at 8 a.m. and the event concludes at noon.

"This year's field day will continue to focus on the latest cotton, peanut, corn and soybean seed varieties, crop protection, soil fertility and irrigation. We will also have a bermudagrass variety plot as well as alfalfa plots," said Chip Blalock, executive director of the expo. "The goal of these research plots is to identify the best practices for our farmers and ranchers to (use to) become even more economically and environmentally sustainable."

The field day will feature 30 stops; talks from UGA scientists like Stanley Culpepper, Glen Harris and Dennis Hancock; and will focus on commodities like cotton, peanuts and forages.

Agriculture remains the top industry in Georgia, with a farm gate value of \$13.8 billion in 2015. With \$713 million in farm gate value, Georgia ranks second in cotton production in the country, according to the UGA Center for Agribusiness and Economic Development. Georgia's peanut production accounted for \$684.6 million in farm gate value, leading the nation. Georgia row and forage crops generated \$12 billion of the state's economy in 2015 and employed more than 80,000 people.

Field Day starts at 7:15 a.m. with a Biscuit Breakfast sponsored by Georgia Department of Ag and Georgia Farm Bureau. Trams depart for the field tours promptly at 8:00 a.m. Trams return at 12 noon for BBQ lunch sponsored by AMERIS. Door prizes will be awarded at the end of the tour.

For more information and to download the complete Field Day Guide visit www. sunbeltexpo.com.

### Funky Filters...

Dirty air conditioner filters prevent air from flowing through them. This forces your A/C to work extra hard which wastes energy. Remember to change your filter every month.



### Nominating Committee To Meet June 6

The Nominating Committee will meet at 9:00 a.m. on Tuesday, June 6, 2017 at the Colquitt EMC headquarters in Moultrie to make nominations for three board positions.\*

CEMC members elect directors by mail and the results will be announced at the Annual Meeting. The 2017 Annual Meeting of Members will be held on Tuesday, Oct. 31, 2017 at Spence Field in Moultrie.

\*In addition to nominations made by the Nominating Committee, any 50 or more members may make other nominations by petition not less than eighty-five days prior to the Annual Meeting.

The following Directors' terms will expire on Oct. 31, 2017:

District 2 – **Noel Childers** Brooks County

District 3 – **Jimmy Griner** Berrien County

District 4 – **Simmle King**Cook County

# Summer Electrical Safety Tips

One of the most important things to remember is that water and electricity don't mix well—in fact, they are deadly dangerous together. Many of these summer electrical safety tips take this basic rule into consideration:

- Keep all electrical toys and appliances away from the water. This means pools, bathtubs, sprinkler systems, sinks, etc.
- Do not touch an electrical toy or appliance if you are wet or standing in the water. Electricity travels very quickly through water and leads to electrocution!
- Make sure the electrical connections to your pools

and hot tubs are fully grounded.

- Make sure all major appliances (washers, dryers, refrigerators, air conditioners, etc.) are plugged into grounded outlets and not extension cords!
- •Now is also a good time to go around your home and see that you have GFCI outlets installed in all "wet" areas of your home (bathrooms, kitchens, garages, basements, pool rooms, etc.)
- In the event of an emergency, know where your circuit breakers are and how to safely turn them off.
- Never plug in any appliance if you notice that the cord is frayed or damaged in any way.

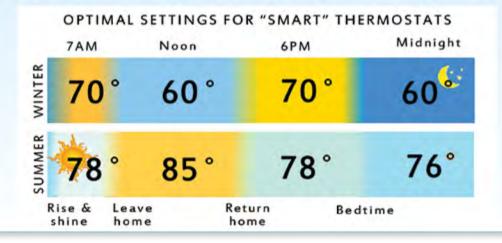
## Local. Dependable. Serving YOU.

## Keeping your thermostat at the same temperature saves money, right? Wrong!

One of the biggest misconceptions about saving energy at home is that an air conditioner and heating system will use less energy if you leave the thermostat set to the same temperature. The truth is that adjusting the thermostat when you leave on vacation—or anytime you are not at home—will save energy for all heating and cooling systems, regardless of the length of time you will be away.

For most homes, your heating, ventilation and/or air-conditioning equipment (HVAC) are likely to consume the most energy, accounting for 48 percent of the average home's energy use. Homeowners should focus on measures that reduce the home's heating and cooling loads to get the most bang for their buck in terms of energy investments.

A great low-cost way to reduce heating and cooling costs is to install a "smart" thermostat and set it to adjust the thermostat setting higher in the summer and lower in the winter, when the home is unoccupied. Follow these optimal thermostat settings for maximum power bill savings:







Colquitt EMC offices will be closed Tuesday, July 4<sup>th</sup> in observance of Independence Day.

# Recipes of the Month



### Peaches and Cream Pie

#### **INGREDIENTS**

Servings: 8

- 3/4 cup all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt (necessary)
- 3 tablespoons unsalted butter, softened
- 3 ounces non-instant vanilla pudding mix
- 1 egg, lightly beaten
- 1/2 cup milk
- 1 lb. canned peaches, drained (juice reserved)
- 1/2 lb. cream cheese, softened 1/2 cup sugar, plus 1 tablespoom sugar
- 1/2 teaspoon ground cinnamon

#### DIRECTIONS

Preheat oven to 350 degrees. Combine first 7 ingredients in a bowl and beat 2 minutes with electric mixer. Pour into buttered 9" pie plate. Arrange peaches over batter. Combine cream cheese, 1/2 cup sugar and 3 tbsp. reserved peach juice in a mixing bowl. Beat 2 minutes. Pour over peaches and smooth out to cover pie, leaving 1/2" around outside edge. Combine 1 tbsp. sugar and cinnamon in a bowl and sprinkle over pie. Bake 35 minutes until golden.



### **Blueberry Coffee Cake**

### **INGREDIENTS**

Servings: 8

Batter:

- 1-1/2 cups all-purpose flour
- 3/4 cup sugar
- 2-1/2 teaspoons baking powder
- 1 teaspoon salt
- 1/4 cup vegetable oil
- 3/4 cup milk
- 1 egg
- 1-1/2 cups blueberries
- Topping:
- 1/3 cup all-purpose flour
- 1/2 cup brown sugar, firmly packed
- 1/2 teaspoon cinnamon
- 1/4 cup firm butter (1/2 stick)

### DIRECTIONS

In a medium mixing bowl, blend together 1-1/2 cups flour, sugar, baking powder, salt, oil, milk, egg and 1 cup blueberries. Beat thoroughly for 30 seconds and spread in a greased round 9x1-1/2" pan or an 8x8x2" pan. Combine all topping ingredients and sprinkle over batter. Top with remaining berries. Bake in a 375 degree oven for 25-30 minutes. Do not overbake.